



COMPOUNDING WITHOUT  
COMPROMISE SINCE 1962

# Hormone Capsule

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This drug was compounded for you by O'Brien Pharmacy according to your provider's prescription. **CAUTION** Federal law prohibits the transfer of this drug to any person other than the patient for whom it was prescribed. This information is provided in addition to the written information and pharmacist consultation you received. No standardized patient information is available for this compound.

## Use

This medication is commonly used to treat low sex steroid hormones levels, infertility, or the symptoms of low hormones or hormone imbalance.

## Side Effects

While adjusting to bio-identical hormones, women may experience temporary changes in menstrual flow, breakthrough bleeding & breast tenderness. Progesterone can cause temporary drowsiness.

## Precautions

Abuse of androgens such as testosterone/DHEA can cause serious side effects such as cardiovascular changes, stroke, hostility, aggression, liver toxicity, structural body changes & male infertility. Be aware orally ingested hormone go through first pass metabolism (see hormone FAQ sheet), which can result in blood clots, hypertension, weight gain, unbalanced hormone levels, poor absorption of supplemented hormones, liver problems & the formation of carcinogens. Signs of hormonal overdose/imbalance are prolonged irritability, aggressive behavior, persistent headaches, insomnia, swelling & weight gain. Do not abruptly discontinue hormones without consulting with your provider or pharmacist as symptoms of withdrawal may occur such as anxiety, depression, fatigue, irritability, loss of appetite, decreased libido & insomnia. Existing disease states may improve. Medications such as antidepressants, drugs for anxiety & insomnia, blood pressure medications & medications for diabetes may need lower dosages. Consult your provider or pharmacist if any of these conditions occur or persist skin irritation or discoloration, nausea, vomiting, acne, headache/migraines, yeast infection, itching, rash, depression, anxiety, an increase/decrease in periods, missed periods, agitation, hirsutism, clitoral enlargement, or voice changes. If any current symptoms worsen or new symptoms appear, or if you become pregnant, consult with your provider or pharmacist. If this medication is different in appearance, taste, texture, color, etc. From what you expected, please call the pharmacy.

## Directions

Take as directed. If you miss a dose, take it as soon as you remember, unless it is close to the next dose. Do not double up to make up doses. Regular blood tests are recommended to help with dosage adjustments.

## Storage

Caution packaging may not be childproof. Store at room temperature in a cool, dry location.

Do not flush unused medications or pour down a sink or drain. You have the right to know about the proper use of your medication and its effects. A pharmacist is available for consult Mon. - Fri. 10 a.m. to 6 p.m. Central Time by calling the pharmacy at 800-627-4360. Patients in California will receive a return call on Saturdays for voicemails left by noon Central Time (10 a.m. Pacific Time).

