



COMPOUNDING WITHOUT
COMPROMISE SINCE 1962

Enema

This drug was compounded for you by O'Brien Pharmacy according to your provider's prescription. **CAUTION** Federal law prohibits the transfer of this drug to any person other than the patient for whom it was prescribed. This information is provided in addition to the written information and pharmacist consultation you received. No standardized patient information is available for this compound.

Use

Common uses include treatment of conditions of the rectum and lower colon.

Side Effects

Common side effects can include mild rectal discomfort or pressure, urgency to evacuate, abdominal cramping, rectal irritation or burning, leakage or inability to retain full dose, increased bowel movements or loose stool, rectal pain or bleeding, nausea, gas or bloating, or the feeling in incomplete evacuation.

Precautions

Though not common, system side effects may occur. Contact your provider if you experience serious side effects. Avoid use with fissures or after rectal surgery unless instructed to do so.

Directions

Wash your hands before and after using rectal medicine. For best results, use at bedtime. Try to empty your bowel and bladder before using rectal medicine.

1. Shake the bottle well to make sure that the medication is thoroughly mixed.
2. Remove the protective sheath from the applicator tip. Hold the bottle at the neck so as not to cause any of the medication to be discharged.
3. Assume the correct body position
 - a. Best results are obtained by lying on the left side with the left leg extended and the right leg flexed forward for balance.
 - b. An alternative to lying on the left side is the "knee-chest" position.
4. Gently insert the lubricated applicator tip into the rectum to prevent damage to the rectal wall, pointed slightly toward the navel.
5. Grasp the bottle firmly, then tilt slightly so that the nozzle is aimed toward the back, squeeze slowly to instill the medication. Steady hand pressure will discharge most of the medication.
6. After administering, withdraw and discard the bottle
7. Remain in position for at least 30 minutes to allow thorough distribution of the medication internally. Avoid using the bathroom for at least an hour. Retain the medication all night, if possible.


Storage

Store enemas in refrigerator, may allow single enema to reach room temperature immediately before use. Do not flush unused medications or pour down a sink or drain.

You have the right to know about the proper use of your medication and its effects. A pharmacist is available for consult Mon. - Fri. 10 a.m. to 6 p.m. Central Time by calling the pharmacy at 800-627-4360. Patients in California will receive a return call on Saturdays for voicemails left by noon Central Time (10 a.m. Pacific Time).

