



COMPOUNDING WITHOUT  
COMPROMISE SINCE 1962

# IMMUNE BOOSTERS

## General Immune Boosters

---

Vitamin A: 1-2 drops daily  
Vitamin D: 2-4 drops daily  
Zinc Lozenge: Chew 1 daily  
Vitamin C: Chew or swallow 2-4 tablets daily  
Elderberry: 1 tsp daily (prevention)  
Probiotics (Orthobiotic or Flora 20-14): 1 daily

## Flu

---

Elderberry : 1 tablespoon QID  
Flu pellets: 5 pellets under tongue TID  
Capsules Plus (Citricidal ): 2 QID

BID = Twice Daily  
TID = Three Times Daily  
QID = Four Times Daily

## Feeling something coming on...

---

Olive Leaf: 2 BID to QID  
Capsules Plus (Citricidal ): 2 BID to QID  
Garlic: 1 BID  
L-Lysine: 2 BID to TID  
Elderberry: 1 TBSP QID  
Old Indian Tree Bark Syrup: as labeled

## Coronavirus

---

Yin Chiao : 4 tablets QID or liquid as labeled  
Capsules Plus (Citricidal ): 2 QID (treatment)  
2 BID (prevention)  
Flu pellets: 5 TID under tongue

